



***Era Foot and Ankle, LLC***  
***Elbys Era, DPM***

Diplomate, American Board of Foot and Ankle Surgery  
Specializing in Wound Care of the Lower Extremity and Diabetic Limb Salvage.

10621 N. Kendall Dr.  
Miami, FL 33176  
Suite 213  
Ph.: 786-464-0631  
Fax: 786-762-2632

## **Instruction After Wart Excision**

DO NOT remove bandages applied after wart excision for 24 hours.

Keep dressing clean and dry for 24 hours.

Limit ambulation and activity for the 1<sup>st</sup> 24 hours to avoid swelling and bleeding.

***After 24 hours and for 2 weeks follow this instructions and repeat them daily:***

- 1- Clean area with hydrogen peroxide soaked gauze
- 2- Dry area with gauze
- 3- Apply a small gauze cut to wound size soaked in iodine, cover this gauze with Band-Aid, or Tape. Keep this dressing during the day while walking and when wearing shoes.
- 4- Remove at night when going to bed, apply over the counter antibiotic to area and leave it open.

\*Over the counter antibiotics: Neosporin, Triple antibiotic, Bacitracin, Polymyxin/  
bacitracin.

- If bleeding is noted over the bandage, re-inforce with more gauze and elevate foot
- If bleeding continues even after above call the office immediately.
- Anesthesia should last for 4-5 hours, u may take Tylenol or Advil if any pain is experienced after procedure and there are no contraindications on taking these medications.
- It is normal to see some irritation or redness on the area due to the chemical and electricity used to cauterized the wart, however if redness, swelling or pain increases or you see any drainage please call the office immediately.
- **REMMEMBER TO FOLLOW UP 2 WEEKS AFTER THE PROCEDURE. IT IS IMPORTANT TO REMOVE SCAR TISSUE or ANY REMAINING INFECTED TISSUE IN THE AREA TO AVOID RECURRENCE.**